

ARE YOUR MEDICINES STORED UP *and* AWAY?

Prevent your kids from getting their little hands onto:



Prescription medicines



Over-the-counter (OTC) medicines



Vitamins and dietary supplements

Every year, approximately **60,000** young children end up in the Emergency Department after getting into medicines left within their reach.

KEEP YOUR KIDS *from* **ACCIDENTALLY GETTING** *into* **MEDICINES**

Follow these steps:

-  Store all medicines out of reach of children.
-  Put all medicines up and away after every dose. *(Even the ones you use every day).*
-  Lock the safety cap on medicine bottles.
-  Remind houseguests not to leave medicines in bags, coats, or other places children can reach.
-  Teach your children what medicine is—NEVER call it candy.
-  Save the national Poison Help number in your cell phone: 1-800-222-1222.

In an emergency:



Poison Help centers are open 24/7. Call 1-800-222-1222 right away if you think your child might have gotten into a medicine or vitamin, even if you're not completely sure.



If the victim has collapsed or isn't breathing, dial 911. Stay on the phone and follow instructions from the emergency operator or poison control center.

 **knowyourOTCs.org**
Take your healthcare personally.

For more information about safe medicine storage, visit KnowYourOTCs.org.