



## Jasper County Resource List

<b>Mental Health</b>			
Coastal Empire Community Mental Health Center	843-726-8030	1510 Grays Hwy, Ridgeland, SC 29936	<a href="http://www.state.sc.us/dmh/coastal/">http://www.state.sc.us/dmh/coastal/</a>
National Suicide Prevention Lifeline	1-800-273-8255		
Bluffton/Hilton Head Alcohol and Drug Abuse Department	843-255-6020	Myrtle Park Professional Center 4819 Bluffton Parkway, Suite 303, Bluffton SC 29910	<a href="http://www.co.beaufort.sc.us/departments/Community-Services/alcohol-and-drug-abuse">http://www.co.beaufort.sc.us/departments/Community-Services/alcohol-and-drug-abuse</a>
Hopeful Horizons (Hope Haven)	843-524-2256 800-637-7273	1212 Charles St, Beaufort SC 29902	<a href="http://www.hopehavenlc.org/">http://www.hopehavenlc.org/</a>
CODA - Domestic Violence Support	843-770-1070		<a href="http://www.codabft.com">www.codabft.com</a>
<b>Nutrition Support</b>			
WIC	843-726-8500	113 E Wilson St, Ridgeland, SC 29936	<a href="http://www.scdhec.gov/Health/WIC/">http://www.scdhec.gov/Health/WIC/</a>
Help of Beaufort Food Pantry	843-524-1223	1910 Baggett St, Beaufort, SC, 29901	<a href="http://www.helpofbeaufort.org">www.helpofbeaufort.org</a>
Low Country Food Bank	843-747-8146 ext 100		<a href="https://www.lowcountryfoodbank.org/who-we-are/find-help">https://www.lowcountryfoodbank.org/who-we-are/find-help</a>
SNAP	1-866-369-9333		<a href="https://dss.sc.gov/assistance-programs/snap/how-do-i-apply/">https://dss.sc.gov/assistance-programs/snap/how-do-i-apply/</a>



## Jasper County Resource List

<b>Safety</b>			
Fire Department	843-726-7607	1509 Grays Hwy Ridgeland, SC 29936	<a href="http://www.jaspercountysc.org/secondary.aspx?pageID=85">http://www.jaspercountysc.org/secondary.aspx?pageID=85</a>
Poison Control	1-800-222-1222		<a href="http://www.poison.sc.edu">www.poison.sc.edu</a>
<b>Parenting Help</b>			
SC Center for Fathers and Families	803-227-8800	2711 Middleburg Drive Suite 111	<a href="http://www.scfathersandfamilies.com">www.scfathersandfamilies.com</a>
Nurturing Center	803-771-4160	1332 Pickens Street	<a href="http://www.thenurturingcenter.org">www.thenurturingcenter.org</a>
Family Connections of SC	803-252-0914	1800 St Julian Place Suite 104	<a href="http://www.familyconnectionsc.org">www.familyconnectionsc.org</a>
PRO-Parents	803-772-5688	652 Bush River Road Suite 203	<a href="http://www.proparents.org">www.proparents.org</a>
<b>Smoking Cessation</b>			
Quit Line	1-800-784-8669 (QUIT NOW)		<a href="http://www.cdc.gov/tobacco/quit_smoking">www.cdc.gov/tobacco/quit_smoking</a>  <a href="http://www.scdhec.gov/Health/TobaccoCessation/">http://www.scdhec.gov/Health/TobaccoCessation/</a>