



Hampton County Resource List

Mental Health			
Coastal Empire Community Mental Health Center	803-943-2828	65 Forrest Dr. Varnville, SC 29944	http://www.state.sc.us/dmh/coastal/
National Suicide Prevention Lifeline	1-800-273-8255		
Bluffton/Hilton Head Alcohol and Drug Abuse Department	843-255-6020	Myrtle Park Professional Center 4819 Bluffton Parkway, Suite 303, Bluffton SC 29910	http://www.co.beaufort.sc.us/departments/Community-Services/alcohol-and-drug-abuse
Hopeful Horizons (Hope Haven)	843-524-2256 800-637-7273	1212 Charles St, Beaufort SC 29902	http://www.hopehavenlc.org/
CODA - Domestic Violence Support	843-770-1070		www.codabft.com
Nutrition Support			
WIC	803-943-3878	531 Carolina Ave, Hampton, SC 29944	http://www.scdhec.gov/Health/WIC/
Help of Beaufort Food Pantry	843-524-1223	1910 Baggett St, Beaufort, SC, 29901	www.helpofbeaufort.org
Low Country Food Bank	843-747-8146 ext 100		https://www.lowcountryfoodbank.org/who-we-are/find-help
SNAP	1-866-369-9333		https://dss.sc.gov/assistance-progra



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Safety			
Fire Department	803-914-2155	703 2 nd St, Hampton SC 29924	http://www.hamptoncountysc.org/191/Fire-and-Rescue-Department
Poison Control	1-800-222-1222		Poison.sc.edu
Parenting Help			
SC Center for Fathers and Families	803-227-8800	2711 Middleburg Drive Suite 111	www.scfathersandfamilies.com
Nurturing Center	803-771-4160	1332 Pickens Street	www.thenurturingcenter.org
Family Connections of SC	803-252-0914	1800 St Julian Place Suite 104	www.familyconnectionsc.org
PRO-Parents	803-772-5688	652 Bush River Road Suite 203	www.proparents.org
Smoking Cessation			
Quit Line	1-800-784-8669 (QUIT NOW)		www.cdc.gov/tobacco/quit_smoking http://www.scdhec.gov/Health/TobaccoCessation/